

# THE MASTERFUL COACH | Training-Symposium Programme

*A collection of experiences, skills, and behaviors for the journey inside MCC coaching*

Join us in Athens, Greece for two incredible Training-Symposia, punctuated by on-line class time, working sessions and personal study in your area of major.

## Themes & Curricula

This programme is made up of five components:

1. Two week-long on-site Training-Symposia in Athens, Greece with faculty. On-site will be immersion experiences for strength- and skill-building, practice with feedback, and deep cohort connection.
2. Distance-learning in on-line full group webinars with faculty and 1:1 work with faculty mentor.
3. “Homework” for class including, readings, recordings and reflections of your coaching, assessment of videos, and writing short cases for use in class.
4. Self-organized smaller group meetings for coaching practice, reflection and community building.
5. Self-paced study, where you select your major and complete readings, reflections, and a final project

See the charts on the following pages for full details.

## Training-Symposium 1: *Invent yourself in the abundance of choices.*

**When: 19 October 2025 (for late afternoon opening reception) to 24 October 2025 (morning)**

*Leading up to Training-Symposium 1, you will participate in two on-line sessions, personal reflections readings in preparation for our time together. Note for days 3 & 5, the program will end after the morning session so you may integrate your learnings and enjoy the city of Athens.*

**Day 1 on 19 October 2025, 6pm: Welcome [Welcome beverage & light snacks]**



Welcome you to the beautiful city of Athens! After a day of travel, check into your place of stay, get a sense of our surroundings, and join us for a celebratory beverage at an easy-to-get-to establishment. Enjoy getting to know our cohort on this first night of our journey together!

**Day 2 on 20 October 2025: The Hero’s Journey**  
**[9:30-1p AM Session; 1-3p lunch on your own; 3:15-6:45p PM Session]**

We start our own journey considering the Hero’s Journey paradigm of the three stages: departure, initiation, and return. We delve into the unknown of self-exploration and transformation through learning and experiencing new behaviors and skills, real-play, and working sessions based on an MCC coaching mindset (Core competencies #2, #7). Our goal: Become fully intentional about what’s ahead, including what to anticipate in the Programme. Come ready to discover what’s possible for you, your clients, and your coaching.

**Day 3 on 21 October 2025: In Service of Dilemmas!**  
**[9:30-1p AM Session; Close for the day at 1p]**

After exploring the nuances of dilemmas, dichotomies and polarities, we ponder how our own propel us forward...and hold us back. (Core competencies #6, #7).

**Day 4 on 22 October 2025: Deepening Trust and a Bit of Practice**  
**[9:30-1p AM Session; 1-3p lunch on your own; 3:15-6:45p PM Session]**

Continuing with dilemmas and polarities, we step in to understand what lies beneath and how to listen to the undercurrent and evoke awareness in the other. We then navigate the theories of Aristotle, Flores, Lencioni and Stevenson to create signposts to intentionally build vulnerability-based trust (core competency #4). We will finish the day with practice coaching with mentoring feedback.

**Day 5 on 23 October 2025: Growing and Transforming**  
**[9:30-1p AM Session; Close for the day at 1pm] [Celebration Dinner at 8:00p]**

Finishing our practice and mentor coaching, we then engage in a reflective practice for personal discovery and facilitated peer support, and for goal setting and ongoing growth (core competency #8). *Join the cohort for our celebration dinner together at 8:00p ~ our treat!*

**Day 6 on 24 October 2025: Personal Assimilation & Integration**

**Live Interaction Programme At A Glance**  
**August 2025 – June 2026**

- August-September 2025:** Pre-work with **1:1 conversation** with faculty mentor (1 hour)
- 11 September 2025 Webinar 1**, 11:00a NY time start: Welcome, Programme Assignments, Setting Intentions (1.5 hours)
- 9 October 2025 Webinar 2**, 11:00a NY start: Moving from Professional Coach to Masterful Coach and Use of Self (1.5 hours)
- 19-24 October, 2025: In-Person Training-Symposium 1: *Invent Yourself in the Abundance of Choices, Athens, Greece***
- 13 November 2025 Webinar 3**, 11:00a NY start: Supervision Cases (2 hours)
- November-December 2025 1:1 Mentor** meeting (0.5 hour)
- 11 December 2025 Webinar 4**, 11:00a NY time: Coach Maturity and Nuances for Masterful Coaching (1.75 hours)
- January 2025-March 2026: 1:1 Mentor** meeting (0.5 hour)
- 08 January 2025 Webinar 5**, 11:00a NY time: Practicum & Mentoring feedback (3 hours)
- 12 February 2026 Webinar 6**, 11:00a NY time: Present your major in 20-minute presentation (2 hours)
- 05 March 2026 Webinar 7**, 11:00a NY time: Check in and preparation for Training-Symposium 2 (1.5 hours)
- 15-20 March 2026: In-Person Training-Symposium 2: *Being You in the Seat of Exploration, Athens, Greece***
- March 2026: 1:1 Mentor Meeting** (0.5 hour)
- 09 April 2026 Webinar 8**, 11:00a NY time: **Programme Conclusion & Celebration** (1.5 hours)
- April – June: Faculty review** of your final project (1 hour)
- April – June: 1:1 Mentor recording review** with mentor (1 hour)

In the morning you may (optionally) meet one-to-one with your faculty mentor for 30 minutes. Then, take time to reflect on all you have learned and experienced, connect with cohort members and see the ancient and beautiful city of Athens. While you may decide to travel this day, we encourage you to be mindful about what you have scheduled so that you can maximize the assimilation process to integrate your new awarenesses, behaviors and skills in ways that support this deep journey.



## Training-Symposium 2: *Being you in the seat of exploration.*

**When: 15 March 2026 (for late afternoon opening reception) through 20 March 2026 (morning)**

*Leading up to Training-Symposium 2, we will have participated together in full-cohort webinars, you will self-organize for learning group check-ins and practice coaching, and engage in self-study for the program content and for your own major.*

### **Day 1 on 15 March 2026, 6pm: Welcome [Welcome beverage & light snacks]**

Welcome back to the beautiful city of Athens! After a day of travel, check into your place of stay and join us for a late afternoon beverage to enjoy reconnecting getting ready for this week's journey together.

### **Day 2 on 16 March 2026: Min(e)ding the Relational Field [9:30-1p AM Session; 1-3p lunch on your own; 3:15-6:45p PM Session]**

We start by pondering how we present ourselves to the field ~ in other words, min(e)ding the relational field. Stepping into the invitation, we explore new ways of becoming positioned and masterful regulators of the energetic field ~ that place when you find yourself nose-to-nose with the relational field's magic and its inevitability. Drawing from foundational Gestalt theories we link to where we have been and where we each are heading (core competency #5).

### **Day 3 on 17 March 2026: Ethical Considerations [9:30-1p AM Session; Close for the day at 1p]**

This day we explore your ethical cases and immerse ourselves in the ones we bring ~ to dive deeper and find evocative questions to understand the cases and nuances at the mastery level (core competency #1).

### **Day 4 on 18 March 2026: Practice and Poetry! [9:30-1p AM Session; 1-3p lunch on your own; 3:15-6:45p PM Session]**

In the morning, we move fully into practicum with mentor coaching ~ displaying intention, mastery and deep connection. In the afternoon, we sink into the possibilities of creative process with an emphasis on the power of poetry for the coach and the client. (core competency #2).

### Self-Paced Learning: At A Glance August 2025 – June 2026

- Record a baseline coaching session and complete background and profile; Meet with faculty mentor
- Review three coaching demo videos with written reflections submitted via Moodle.
- Six coaching trio meetings for practice and peer feedback.
- Four one-hour check in meeting with Learning Group.
- Learning Journal Reflections, at least one entry each month.
- Four Readings with reflections submitted via Moodle Learning Management System.
- Write Coaching Supervision case using specific format to present in on-line class.
- Short presentation your major in on-line class.
- Write Coaching Ethics Scenario using specific format, to present in Training-Symposium 2.
- Final Project: Videotaped presentation/intervention in your community or organization with a 500 words reflection.
- Tape of your masterful coaching: Submittal with self-assessment; Meet 1:1 with mentor.
- Final submittal of all Requirements (Reflection Journal, Final Project).

**Day 5 on 19 March 2026: Growing and Transforming**  
[9:30-1p AM Session; Close for the day at 1pm] [Celebration Dinner at 8:00p]

On this last in person day of the in-person programme, we move to review, reflection, and appreciation of the journey we have been on ~ alone and together ~ and assimilate all of the components that have lead to each one’s coaching mastery. This is a joyful, yet reflective, practice for personal discovery and facilitated peer support, and for goal setting and ongoing growth (core competency #8). *Join the cohort for our celebration dinner together at 8:00p ~ our treat!*

**Day 6 on 20 March 2026: Personal Assimilation & Integration**

In the morning you may (optionally) meet one-to-one with your faculty mentor for 30 minutes. Then, take time to reflect on all you have learned and experienced, connect with cohort members and see the ancient and beautiful city of Athens. While you may decide to travel this day, we encourage you to be mindful about what you have scheduled so that you can maximize the assimilation process to integrate your new awarenesses, behaviors and skills in ways that support this deep journey!

**Logistics**

*Getting Here: Easiest to fly into Athens, Greece and take public transport (subway, Uber, taxi) to your place of stay. The Training-Symposium venue is easy walking and transport from many area places to stay.*

*Lodging Options: You will make your own lodging arrangement and we are here to help! Once you register, we will provide training venue address, local accommodation options and suggested transport from one to the other!*

*A Note About Meals: Morning coffee breaks with snacks are provided, and we schedule a longer “on your own” lunchtime so that you can explore the local scene or enjoy the onsite gourmet restaurant. Each day features a longer lunchtime so that you can design your own mid-day break around eating, exploring, resting... Each evening, we will conclude in time for you to enjoy your evening and dinner on your own. On Thursday evening of each Training-Symposium, we will have a celebratory dinner out together ~ our treat!*



**Please join us for the adventure experience that is The Masterful Coach | Training-Symposium Programme**  
For more info and registration, please visit: [PositivityGlobal.org/symposium](https://PositivityGlobal.org/symposium)